

Changes in smoking and physical activity-related behavior and identity between prescreening and post-questionnaire

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Introduction

This file is meant to reproduce our analyses of the changes in smoking frequency level, weekly exercise level, and quitter self-identity between the prescreening questionnaire and the post-questionnaire reported in “Step 5: Training the Model - Study.”

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Setup

First, we load the `rethinking` package, which we need to fit and sample from models. We also load `formatR` for formatting.

```
library(formatR) # For formatting
library(rethinking) # For Bayesian models
```

Also, we set the number of iterations and number of chains used for fitting the models.

```
NUM_ITERATIONS = 2000 # our value: 2000
NUM_CHAINS = 4 # our value: 4
```

Data file

We load the pre-processed data.

```
df = read.csv(file = "Data/prepost_preprocessed.csv")
```

And we create a data list to be used for the models.

```

dat_list <- list(
  p_id = df$pid,
  pre_post = df$pre_post,
  we = df$weekly_exercise + 1, # values need to start at 1
  qsi = df$QSI,
  sf = df$smoking_frequency + 4 # values need to start at 1
)

```

Models

Quitter self-identity

First, we fit a model for the quitter self-identity. Possible values range from 0 to 4.

```

set.seed(18) # For reproducibility
ml.qsi <- ulam(alist(qsi ~ dnorm(mu, sigma), mu <- a_bar +
  z[p_id] * sigma_a + b * pre_post, a_bar ~ dnorm(2,
  10), sigma_a ~ dexp(1), z[p_id] ~ dnorm(0, 1),
  b ~ dnorm(0, 10), sigma ~ dexp(1)), data = dat_list,
  chains = NUM_CHAINS, log_lik = TRUE, cores = NUM_CHAINS,
  iter = NUM_ITERATIONS)

```

```
## Running MCMC with 4 parallel chains, with 1 thread(s) per chain...
```

```
##
```

```
## Chain 1 Iteration: 1 / 2000 [ 0%] (Warmup)
```

```
## Chain 2 Iteration: 1 / 2000 [ 0%] (Warmup)
```

```
## Chain 3 Iteration: 1 / 2000 [ 0%] (Warmup)
```

```
## Chain 4 Iteration: 1 / 2000 [ 0%] (Warmup)
```

```
## Chain 4 Informational Message: The current Metropolis proposal is about to be rejected because of the
```

```
## Chain 4 Exception: normal_lpdf: Scale parameter is 0, but must be positive! (in '/tmp/Rtmp1cB6D9/mod
```

```
## Chain 4 If this warning occurs sporadically, such as for highly constrained variable types like covar
```

```
## Chain 4 but if this warning occurs often then your model may be either severely ill-conditioned or m
```

```
## Chain 4
```

```
## Chain 2 Iteration: 100 / 2000 [ 5%] (Warmup)
```

```
## Chain 1 Iteration: 100 / 2000 [ 5%] (Warmup)
```

```
## Chain 3 Iteration: 100 / 2000 [ 5%] (Warmup)
```

```
## Chain 4 Iteration: 100 / 2000 [ 5%] (Warmup)
```

```
## Chain 2 Iteration: 200 / 2000 [ 10%] (Warmup)
```

```
## Chain 1 Iteration: 200 / 2000 [ 10%] (Warmup)
```

```
## Chain 3 Iteration: 200 / 2000 [ 10%] (Warmup)
```

```
## Chain 4 Iteration: 200 / 2000 [ 10%] (Warmup)
```

```
## Chain 2 Iteration: 300 / 2000 [ 15%] (Warmup)
```

```
## Chain 1 Iteration: 300 / 2000 [ 15%] (Warmup)
```

```
## Chain 3 Iteration: 300 / 2000 [ 15%] (Warmup)
```

```
## Chain 4 Iteration: 300 / 2000 [ 15%] (Warmup)
```

```
## Chain 2 Iteration: 400 / 2000 [ 20%] (Warmup)
```

```
## Chain 3 Iteration: 400 / 2000 [ 20%] (Warmup)
```

```
## Chain 1 Iteration: 400 / 2000 [ 20%] (Warmup)
```

```
## Chain 4 Iteration: 400 / 2000 [ 20%] (Warmup)
```

```
## Chain 2 Iteration: 500 / 2000 [ 25%] (Warmup)
```

```
## Chain 3 Iteration: 500 / 2000 [ 25%] (Warmup)
```

```
## Chain 1 Iteration: 500 / 2000 [ 25%] (Warmup)
## Chain 4 Iteration: 500 / 2000 [ 25%] (Warmup)
## Chain 3 Iteration: 600 / 2000 [ 30%] (Warmup)
## Chain 1 Iteration: 600 / 2000 [ 30%] (Warmup)
## Chain 2 Iteration: 600 / 2000 [ 30%] (Warmup)
## Chain 4 Iteration: 600 / 2000 [ 30%] (Warmup)
## Chain 3 Iteration: 700 / 2000 [ 35%] (Warmup)
## Chain 2 Iteration: 700 / 2000 [ 35%] (Warmup)
## Chain 1 Iteration: 700 / 2000 [ 35%] (Warmup)
## Chain 4 Iteration: 700 / 2000 [ 35%] (Warmup)
## Chain 3 Iteration: 800 / 2000 [ 40%] (Warmup)
## Chain 2 Iteration: 800 / 2000 [ 40%] (Warmup)
## Chain 1 Iteration: 800 / 2000 [ 40%] (Warmup)
## Chain 3 Iteration: 900 / 2000 [ 45%] (Warmup)
## Chain 4 Iteration: 800 / 2000 [ 40%] (Warmup)
## Chain 2 Iteration: 900 / 2000 [ 45%] (Warmup)
## Chain 1 Iteration: 900 / 2000 [ 45%] (Warmup)
## Chain 4 Iteration: 900 / 2000 [ 45%] (Warmup)
## Chain 3 Iteration: 1000 / 2000 [ 50%] (Warmup)
## Chain 3 Iteration: 1001 / 2000 [ 50%] (Sampling)
## Chain 2 Iteration: 1000 / 2000 [ 50%] (Warmup)
## Chain 2 Iteration: 1001 / 2000 [ 50%] (Sampling)
## Chain 3 Iteration: 1100 / 2000 [ 55%] (Sampling)
## Chain 4 Iteration: 1000 / 2000 [ 50%] (Warmup)
## Chain 4 Iteration: 1001 / 2000 [ 50%] (Sampling)
## Chain 1 Iteration: 1000 / 2000 [ 50%] (Warmup)
## Chain 1 Iteration: 1001 / 2000 [ 50%] (Sampling)
## Chain 2 Iteration: 1100 / 2000 [ 55%] (Sampling)
## Chain 4 Iteration: 1100 / 2000 [ 55%] (Sampling)
## Chain 1 Iteration: 1100 / 2000 [ 55%] (Sampling)
## Chain 3 Iteration: 1200 / 2000 [ 60%] (Sampling)
## Chain 2 Iteration: 1200 / 2000 [ 60%] (Sampling)
## Chain 3 Iteration: 1300 / 2000 [ 65%] (Sampling)
## Chain 4 Iteration: 1200 / 2000 [ 60%] (Sampling)
## Chain 1 Iteration: 1200 / 2000 [ 60%] (Sampling)
## Chain 2 Iteration: 1300 / 2000 [ 65%] (Sampling)
## Chain 4 Iteration: 1300 / 2000 [ 65%] (Sampling)
## Chain 1 Iteration: 1300 / 2000 [ 65%] (Sampling)
## Chain 3 Iteration: 1400 / 2000 [ 70%] (Sampling)
## Chain 2 Iteration: 1400 / 2000 [ 70%] (Sampling)
## Chain 4 Iteration: 1400 / 2000 [ 70%] (Sampling)
## Chain 3 Iteration: 1500 / 2000 [ 75%] (Sampling)
## Chain 1 Iteration: 1400 / 2000 [ 70%] (Sampling)
## Chain 2 Iteration: 1500 / 2000 [ 75%] (Sampling)
## Chain 4 Iteration: 1500 / 2000 [ 75%] (Sampling)
## Chain 2 Iteration: 1600 / 2000 [ 80%] (Sampling)
## Chain 3 Iteration: 1600 / 2000 [ 80%] (Sampling)
## Chain 1 Iteration: 1500 / 2000 [ 75%] (Sampling)
## Chain 4 Iteration: 1600 / 2000 [ 80%] (Sampling)
## Chain 2 Iteration: 1700 / 2000 [ 85%] (Sampling)
## Chain 3 Iteration: 1700 / 2000 [ 85%] (Sampling)
## Chain 1 Iteration: 1600 / 2000 [ 80%] (Sampling)
## Chain 4 Iteration: 1700 / 2000 [ 85%] (Sampling)
## Chain 3 Iteration: 1800 / 2000 [ 90%] (Sampling)
```

```

## Chain 2 Iteration: 1800 / 2000 [ 90%] (Sampling)
## Chain 1 Iteration: 1700 / 2000 [ 85%] (Sampling)
## Chain 4 Iteration: 1800 / 2000 [ 90%] (Sampling)
## Chain 3 Iteration: 1900 / 2000 [ 95%] (Sampling)
## Chain 1 Iteration: 1800 / 2000 [ 90%] (Sampling)
## Chain 2 Iteration: 1900 / 2000 [ 95%] (Sampling)
## Chain 3 Iteration: 2000 / 2000 [100%] (Sampling)
## Chain 4 Iteration: 1900 / 2000 [ 95%] (Sampling)
## Chain 3 finished in 7.0 seconds.
## Chain 2 Iteration: 2000 / 2000 [100%] (Sampling)
## Chain 2 finished in 7.1 seconds.
## Chain 1 Iteration: 1900 / 2000 [ 95%] (Sampling)
## Chain 4 Iteration: 2000 / 2000 [100%] (Sampling)
## Chain 4 finished in 7.2 seconds.
## Chain 1 Iteration: 2000 / 2000 [100%] (Sampling)
## Chain 1 finished in 7.3 seconds.
##
## All 4 chains finished successfully.
## Mean chain execution time: 7.2 seconds.
## Total execution time: 7.6 seconds.

```

```
# Print estimators
```

```
precis(ml.qsi, prob = 0.95, depth = 1)
```

```
## 324 vector or matrix parameters hidden. Use depth=2 to show them.
```

```

##           mean          sd      2.5%      97.5%      rhat ess_bulk
## a_bar    2.5473714 0.05848021 2.4341833 2.6604950 1.000704 3261.453
## sigma_a 0.5098478 0.02657552 0.4604297 0.5658455 1.001413 1561.904
## b        0.2088202 0.03222116 0.1479330 0.2737879 1.000003 6124.914
## sigma    0.4114153 0.01628840 0.3811853 0.4448345 1.000715 2163.257

```

Smoking frequency

Next, we fit a model for the smoking frequency. This is an ordered categorical variable with eight levels.

```
set.seed(18) # For reproducibility
```

```

ml.sf <- ulam(alist(sf ~ dordlogit(phi, cutpoints),
  phi <- a_bar + z[p_id] * sigma_a + b * pre_post,
  cutpoints ~ dnorm(0, 1.5), sigma_a ~ dexp(1),
  z[p_id] ~ dnorm(0, 1), a_bar ~ dnorm(0, 0.5),
  b ~ dnorm(0, 10)), data = dat_list, chains = NUM_CHAINS,
  log_lik = TRUE, cores = NUM_CHAINS, iter = NUM_ITERATIONS)

```

```
## Running MCMC with 4 parallel chains, with 1 thread(s) per chain...
```

```
##
```

```
## Chain 1 Iteration: 1 / 2000 [ 0%] (Warmup)
```

```
## Chain 1 Informational Message: The current Metropolis proposal is about to be rejected because of the
```

```
## Chain 1 Exception: ordered_logistic: Cut-points is not a valid ordered vector. The element at 2 is -
```

```
## Chain 1 If this warning occurs sporadically, such as for highly constrained variable types like covar
```

```
## Chain 1 but if this warning occurs often then your model may be either severely ill-conditioned or m
```

```
## Chain 1
```

```
## Chain 1 Informational Message: The current Metropolis proposal is about to be rejected because of the
```

```
## Chain 1 Exception: ordered_logistic: Cut-points is not a valid ordered vector. The element at 2 is -5
## Chain 1 If this warning occurs sporadically, such as for highly constrained variable types like covariance
## Chain 1 but if this warning occurs often then your model may be either severely ill-conditioned or misspecified
## Chain 1
## Chain 1 Informational Message: The current Metropolis proposal is about to be rejected because of the low acceptance
## Chain 1 Exception: ordered_logistic: Cut-points is not a valid ordered vector. The element at 2 is -5
## Chain 1 If this warning occurs sporadically, such as for highly constrained variable types like covariance
## Chain 1 but if this warning occurs often then your model may be either severely ill-conditioned or misspecified
## Chain 1
## Chain 1 Informational Message: The current Metropolis proposal is about to be rejected because of the low acceptance
## Chain 1 Exception: ordered_logistic: Cut-points is not a valid ordered vector. The element at 2 is -5
## Chain 1 If this warning occurs sporadically, such as for highly constrained variable types like covariance
## Chain 1 but if this warning occurs often then your model may be either severely ill-conditioned or misspecified
## Chain 1
## Chain 1 Informational Message: The current Metropolis proposal is about to be rejected because of the low acceptance
## Chain 1 Exception: ordered_logistic: Cut-points is not a valid ordered vector. The element at 6 is in the range of the
## Chain 1 If this warning occurs sporadically, such as for highly constrained variable types like covariance
## Chain 1 but if this warning occurs often then your model may be either severely ill-conditioned or misspecified
## Chain 1
## Chain 2 Iteration:      1 / 2000 [  0%] (Warmup)
## Chain 2 Informational Message: The current Metropolis proposal is about to be rejected because of the low acceptance
## Chain 2 Exception: ordered_logistic: Cut-points is not a valid ordered vector. The element at 2 is -5
## Chain 2 If this warning occurs sporadically, such as for highly constrained variable types like covariance
## Chain 2 but if this warning occurs often then your model may be either severely ill-conditioned or misspecified
## Chain 2
## Chain 2 Informational Message: The current Metropolis proposal is about to be rejected because of the low acceptance
## Chain 2 Exception: ordered_logistic: Cut-points is not a valid ordered vector. The element at 2 is -5
## Chain 2 If this warning occurs sporadically, such as for highly constrained variable types like covariance
## Chain 2 but if this warning occurs often then your model may be either severely ill-conditioned or misspecified
## Chain 2
## Chain 2 Informational Message: The current Metropolis proposal is about to be rejected because of the low acceptance
## Chain 2 Exception: ordered_logistic: Cut-points is not a valid ordered vector. The element at 2 is -5
## Chain 2 If this warning occurs sporadically, such as for highly constrained variable types like covariance
## Chain 2 but if this warning occurs often then your model may be either severely ill-conditioned or misspecified
## Chain 2
## Chain 2 Informational Message: The current Metropolis proposal is about to be rejected because of the low acceptance
```

```
## Chain 2 Exception: ordered_logistic: Cut-points is not a valid ordered vector. The element at 6 is in
## Chain 2 If this warning occurs sporadically, such as for highly constrained variable types like covar
## Chain 2 but if this warning occurs often then your model may be either severely ill-conditioned or m
## Chain 2
## Chain 2 Informational Message: The current Metropolis proposal is about to be rejected because of the
## Chain 2 Exception: ordered_logistic: Cut-points is not a valid ordered vector. The element at 6 is 73
## Chain 2 If this warning occurs sporadically, such as for highly constrained variable types like covar
## Chain 2 but if this warning occurs often then your model may be either severely ill-conditioned or m
## Chain 2
## Chain 3 Iteration:      1 / 2000 [ 0%] (Warmup)
## Chain 3 Informational Message: The current Metropolis proposal is about to be rejected because of the
## Chain 3 Exception: ordered_logistic: Cut-points is not a valid ordered vector. The element at 2 is -3
## Chain 3 If this warning occurs sporadically, such as for highly constrained variable types like covar
## Chain 3 but if this warning occurs often then your model may be either severely ill-conditioned or m
## Chain 3
## Chain 3 Informational Message: The current Metropolis proposal is about to be rejected because of the
## Chain 3 Exception: ordered_logistic: Cut-points is not a valid ordered vector. The element at 2 is -3
## Chain 3 If this warning occurs sporadically, such as for highly constrained variable types like covar
## Chain 3 but if this warning occurs often then your model may be either severely ill-conditioned or m
## Chain 3
## Chain 3 Informational Message: The current Metropolis proposal is about to be rejected because of the
## Chain 3 Exception: ordered_logistic: Cut-points is not a valid ordered vector. The element at 2 is -3
## Chain 3 If this warning occurs sporadically, such as for highly constrained variable types like covar
## Chain 3 but if this warning occurs often then your model may be either severely ill-conditioned or m
## Chain 3
## Chain 3 Informational Message: The current Metropolis proposal is about to be rejected because of the
## Chain 3 Exception: ordered_logistic: Cut-points is not a valid ordered vector. The element at 3 is -3
## Chain 3 If this warning occurs sporadically, such as for highly constrained variable types like covar
## Chain 3 but if this warning occurs often then your model may be either severely ill-conditioned or m
## Chain 3
## Chain 3 Informational Message: The current Metropolis proposal is about to be rejected because of the
## Chain 3 Exception: ordered_logistic: Cut-points is not a valid ordered vector. The element at 2 is -3
## Chain 3 If this warning occurs sporadically, such as for highly constrained variable types like covar
## Chain 3 but if this warning occurs often then your model may be either severely ill-conditioned or m
## Chain 3
## Chain 3 Informational Message: The current Metropolis proposal is about to be rejected because of the
```

```
## Chain 3 Exception: ordered_logistic: Cut-points is not a valid ordered vector. The element at 3 is -
## Chain 3 If this warning occurs sporadically, such as for highly constrained variable types like covar
## Chain 3 but if this warning occurs often then your model may be either severely ill-conditioned or m
## Chain 3
## Chain 4 Iteration:    1 / 2000 [ 0%] (Warmup)
## Chain 4 Informational Message: The current Metropolis proposal is about to be rejected because of the
## Chain 4 Exception: ordered_logistic: Cut-points is not a valid ordered vector. The element at 2 is -
## Chain 4 If this warning occurs sporadically, such as for highly constrained variable types like covar
## Chain 4 but if this warning occurs often then your model may be either severely ill-conditioned or m
## Chain 4
## Chain 4 Informational Message: The current Metropolis proposal is about to be rejected because of the
## Chain 4 Exception: ordered_logistic: Cut-points is not a valid ordered vector. The element at 2 is -
## Chain 4 If this warning occurs sporadically, such as for highly constrained variable types like covar
## Chain 4 but if this warning occurs often then your model may be either severely ill-conditioned or m
## Chain 4
## Chain 4 Informational Message: The current Metropolis proposal is about to be rejected because of the
## Chain 4 Exception: ordered_logistic: Cut-points is not a valid ordered vector. The element at 2 is -
## Chain 4 If this warning occurs sporadically, such as for highly constrained variable types like covar
## Chain 4 but if this warning occurs often then your model may be either severely ill-conditioned or m
## Chain 4
## Chain 4 Informational Message: The current Metropolis proposal is about to be rejected because of the
## Chain 4 Exception: ordered_logistic: Cut-points is not a valid ordered vector. The element at 2 is -
## Chain 4 If this warning occurs sporadically, such as for highly constrained variable types like covar
## Chain 4 but if this warning occurs often then your model may be either severely ill-conditioned or m
## Chain 4
## Chain 4 Informational Message: The current Metropolis proposal is about to be rejected because of the
## Chain 4 Exception: ordered_logistic: Cut-points is not a valid ordered vector. The element at 2 is -
## Chain 4 If this warning occurs sporadically, such as for highly constrained variable types like covar
## Chain 4 but if this warning occurs often then your model may be either severely ill-conditioned or m
## Chain 4
## Chain 4 Informational Message: The current Metropolis proposal is about to be rejected because of the
## Chain 4 Exception: ordered_logistic: Cut-points is not a valid ordered vector. The element at 7 is 2
## Chain 4 If this warning occurs sporadically, such as for highly constrained variable types like covar
## Chain 4 but if this warning occurs often then your model may be either severely ill-conditioned or m
## Chain 4
```

```

## Chain 1 Iteration: 100 / 2000 [ 5%] (Warmup)
## Chain 4 Iteration: 100 / 2000 [ 5%] (Warmup)
## Chain 2 Iteration: 100 / 2000 [ 5%] (Warmup)
## Chain 3 Iteration: 100 / 2000 [ 5%] (Warmup)
## Chain 2 Iteration: 200 / 2000 [ 10%] (Warmup)
## Chain 4 Iteration: 200 / 2000 [ 10%] (Warmup)
## Chain 1 Iteration: 200 / 2000 [ 10%] (Warmup)
## Chain 4 Iteration: 300 / 2000 [ 15%] (Warmup)
## Chain 2 Iteration: 300 / 2000 [ 15%] (Warmup)
## Chain 1 Iteration: 300 / 2000 [ 15%] (Warmup)
## Chain 3 Iteration: 200 / 2000 [ 10%] (Warmup)
## Chain 4 Iteration: 400 / 2000 [ 20%] (Warmup)
## Chain 2 Iteration: 400 / 2000 [ 20%] (Warmup)
## Chain 1 Iteration: 400 / 2000 [ 20%] (Warmup)
## Chain 3 Iteration: 300 / 2000 [ 15%] (Warmup)
## Chain 4 Iteration: 500 / 2000 [ 25%] (Warmup)
## Chain 1 Iteration: 500 / 2000 [ 25%] (Warmup)
## Chain 2 Iteration: 500 / 2000 [ 25%] (Warmup)
## Chain 3 Iteration: 400 / 2000 [ 20%] (Warmup)
## Chain 4 Iteration: 600 / 2000 [ 30%] (Warmup)
## Chain 1 Iteration: 600 / 2000 [ 30%] (Warmup)
## Chain 2 Iteration: 600 / 2000 [ 30%] (Warmup)
## Chain 3 Iteration: 500 / 2000 [ 25%] (Warmup)
## Chain 4 Iteration: 700 / 2000 [ 35%] (Warmup)
## Chain 1 Iteration: 700 / 2000 [ 35%] (Warmup)
## Chain 2 Iteration: 700 / 2000 [ 35%] (Warmup)
## Chain 3 Iteration: 600 / 2000 [ 30%] (Warmup)
## Chain 4 Iteration: 800 / 2000 [ 40%] (Warmup)
## Chain 1 Iteration: 800 / 2000 [ 40%] (Warmup)
## Chain 2 Iteration: 800 / 2000 [ 40%] (Warmup)
## Chain 3 Iteration: 700 / 2000 [ 35%] (Warmup)
## Chain 4 Iteration: 900 / 2000 [ 45%] (Warmup)
## Chain 1 Iteration: 900 / 2000 [ 45%] (Warmup)
## Chain 2 Iteration: 900 / 2000 [ 45%] (Warmup)
## Chain 3 Iteration: 800 / 2000 [ 40%] (Warmup)
## Chain 4 Iteration: 1000 / 2000 [ 50%] (Warmup)
## Chain 4 Iteration: 1001 / 2000 [ 50%] (Sampling)
## Chain 2 Iteration: 1000 / 2000 [ 50%] (Warmup)
## Chain 2 Iteration: 1001 / 2000 [ 50%] (Sampling)
## Chain 1 Iteration: 1000 / 2000 [ 50%] (Warmup)
## Chain 1 Iteration: 1001 / 2000 [ 50%] (Sampling)
## Chain 3 Iteration: 900 / 2000 [ 45%] (Warmup)
## Chain 4 Iteration: 1100 / 2000 [ 55%] (Sampling)
## Chain 2 Iteration: 1100 / 2000 [ 55%] (Sampling)
## Chain 1 Iteration: 1100 / 2000 [ 55%] (Sampling)
## Chain 3 Iteration: 1000 / 2000 [ 50%] (Warmup)
## Chain 3 Iteration: 1001 / 2000 [ 50%] (Sampling)
## Chain 4 Iteration: 1200 / 2000 [ 60%] (Sampling)
## Chain 2 Iteration: 1200 / 2000 [ 60%] (Sampling)
## Chain 1 Iteration: 1200 / 2000 [ 60%] (Sampling)
## Chain 3 Iteration: 1100 / 2000 [ 55%] (Sampling)
## Chain 4 Iteration: 1300 / 2000 [ 65%] (Sampling)
## Chain 2 Iteration: 1300 / 2000 [ 65%] (Sampling)
## Chain 1 Iteration: 1300 / 2000 [ 65%] (Sampling)

```

```

## Chain 3 Iteration: 1200 / 2000 [ 60%] (Sampling)
## Chain 4 Iteration: 1400 / 2000 [ 70%] (Sampling)
## Chain 2 Iteration: 1400 / 2000 [ 70%] (Sampling)
## Chain 1 Iteration: 1400 / 2000 [ 70%] (Sampling)
## Chain 3 Iteration: 1300 / 2000 [ 65%] (Sampling)
## Chain 4 Iteration: 1500 / 2000 [ 75%] (Sampling)
## Chain 2 Iteration: 1500 / 2000 [ 75%] (Sampling)
## Chain 1 Iteration: 1500 / 2000 [ 75%] (Sampling)
## Chain 3 Iteration: 1400 / 2000 [ 70%] (Sampling)
## Chain 4 Iteration: 1600 / 2000 [ 80%] (Sampling)
## Chain 2 Iteration: 1600 / 2000 [ 80%] (Sampling)
## Chain 1 Iteration: 1600 / 2000 [ 80%] (Sampling)
## Chain 3 Iteration: 1500 / 2000 [ 75%] (Sampling)
## Chain 4 Iteration: 1700 / 2000 [ 85%] (Sampling)
## Chain 2 Iteration: 1700 / 2000 [ 85%] (Sampling)
## Chain 1 Iteration: 1700 / 2000 [ 85%] (Sampling)
## Chain 3 Iteration: 1600 / 2000 [ 80%] (Sampling)
## Chain 4 Iteration: 1800 / 2000 [ 90%] (Sampling)
## Chain 2 Iteration: 1800 / 2000 [ 90%] (Sampling)
## Chain 1 Iteration: 1800 / 2000 [ 90%] (Sampling)
## Chain 3 Iteration: 1700 / 2000 [ 85%] (Sampling)
## Chain 4 Iteration: 1900 / 2000 [ 95%] (Sampling)
## Chain 1 Iteration: 1900 / 2000 [ 95%] (Sampling)
## Chain 2 Iteration: 1900 / 2000 [ 95%] (Sampling)
## Chain 3 Iteration: 1800 / 2000 [ 90%] (Sampling)
## Chain 4 Iteration: 2000 / 2000 [100%] (Sampling)
## Chain 4 finished in 86.0 seconds.
## Chain 2 Iteration: 2000 / 2000 [100%] (Sampling)
## Chain 1 Iteration: 2000 / 2000 [100%] (Sampling)
## Chain 2 finished in 87.3 seconds.
## Chain 1 finished in 87.4 seconds.
## Chain 3 Iteration: 1900 / 2000 [ 95%] (Sampling)
## Chain 3 Iteration: 2000 / 2000 [100%] (Sampling)
## Chain 3 finished in 90.6 seconds.
##
## All 4 chains finished successfully.
## Mean chain execution time: 87.8 seconds.
## Total execution time: 90.8 seconds.

```

```
# Print estimators
```

```
precis(ml.sf, prob = 0.95, depth = 1)
```

```
## 331 vector or matrix parameters hidden. Use depth=2 to show them.
```

	mean	sd	2.5%	97.5%	rhat	ess_bulk
## sigma_a	2.6556335	0.2104316	2.2705480	3.0814090	1.006813	941.9646
## a_bar	1.7351832	0.3997487	0.9388246	2.5241135	1.001076	4768.1718
## b	-0.6726667	0.1497291	-0.9630963	-0.3768731	1.001329	5227.1305

Weekly exercise

And we also fit a model for the weekly exercise. This is an ordered categorical variable with three levels.

```

set.seed(18) # For reproducibility
ml.we <- ulam(alist(we ~ dordlogit(phi, cutpoints),
  phi <- a_bar + z[p_id] * sigma_a + b * pre_post,

```

```
cutpoints ~ dnorm(0, 1.5), sigma_a ~ dexp(1),
z[p_id] ~ dnorm(0, 1), a_bar ~ dnorm(0, 0.5),
b ~ dnorm(0, 10)), data = dat_list, chains = NUM_CHAINS,
log_lik = TRUE, cores = NUM_CHAINS, iter = NUM_ITERATIONS)
```

```
## Running MCMC with 4 parallel chains, with 1 thread(s) per chain...
```

```
##
```

```
## Chain 1 Iteration:    1 / 2000 [ 0%] (Warmup)
```

```
## Chain 1 Informational Message: The current Metropolis proposal is about to be rejected because of the
```

```
## Chain 1 Exception: ordered_logistic: Cut-points is not a valid ordered vector. The element at 2 is -
```

```
## Chain 1 If this warning occurs sporadically, such as for highly constrained variable types like covar
```

```
## Chain 1 but if this warning occurs often then your model may be either severely ill-conditioned or m
```

```
## Chain 1
```

```
## Chain 1 Informational Message: The current Metropolis proposal is about to be rejected because of the
```

```
## Chain 1 Exception: ordered_logistic: Cut-points is not a valid ordered vector. The element at 2 is -
```

```
## Chain 1 If this warning occurs sporadically, such as for highly constrained variable types like covar
```

```
## Chain 1 but if this warning occurs often then your model may be either severely ill-conditioned or m
```

```
## Chain 1
```

```
## Chain 1 Informational Message: The current Metropolis proposal is about to be rejected because of the
```

```
## Chain 1 Exception: ordered_logistic: Cut-points is not a valid ordered vector. The element at 2 is -
```

```
## Chain 1 If this warning occurs sporadically, such as for highly constrained variable types like covar
```

```
## Chain 1 but if this warning occurs often then your model may be either severely ill-conditioned or m
```

```
## Chain 1
```

```
## Chain 1 Informational Message: The current Metropolis proposal is about to be rejected because of the
```

```
## Chain 1 Exception: ordered_logistic: Final cut-point is inf, but must be finite! (in '/tmp/Rtmp1cB6D
```

```
## Chain 1 If this warning occurs sporadically, such as for highly constrained variable types like covar
```

```
## Chain 1 but if this warning occurs often then your model may be either severely ill-conditioned or m
```

```
## Chain 1
```

```
## Chain 2 Iteration:    1 / 2000 [ 0%] (Warmup)
```

```
## Chain 2 Informational Message: The current Metropolis proposal is about to be rejected because of the
```

```
## Chain 2 Exception: ordered_logistic: Cut-points is not a valid ordered vector. The element at 2 is -
```

```
## Chain 2 If this warning occurs sporadically, such as for highly constrained variable types like covar
```

```
## Chain 2 but if this warning occurs often then your model may be either severely ill-conditioned or m
```

```
## Chain 2
```

```
## Chain 3 Iteration:    1 / 2000 [ 0%] (Warmup)
```

```
## Chain 3 Informational Message: The current Metropolis proposal is about to be rejected because of the
```

```
## Chain 3 Exception: ordered_logistic: Final cut-point is inf, but must be finite! (in '/tmp/Rtmp1cB6D
```

```
## Chain 3 If this warning occurs sporadically, such as for highly constrained variable types like covar
```

```

## Chain 3 but if this warning occurs often then your model may be either severely ill-conditioned or m
## Chain 3
## Chain 4 Iteration:    1 / 2000 [ 0%] (Warmup)
## Chain 4 Informational Message: The current Metropolis proposal is about to be rejected because of the
## Chain 4 Exception: ordered_logistic: Cut-points is not a valid ordered vector. The element at 2 is -
## Chain 4 If this warning occurs sporadically, such as for highly constrained variable types like covar
## Chain 4 but if this warning occurs often then your model may be either severely ill-conditioned or m
## Chain 4
## Chain 4 Informational Message: The current Metropolis proposal is about to be rejected because of the
## Chain 4 Exception: ordered_logistic: Cut-points is not a valid ordered vector. The element at 2 is -
## Chain 4 If this warning occurs sporadically, such as for highly constrained variable types like covar
## Chain 4 but if this warning occurs often then your model may be either severely ill-conditioned or m
## Chain 4
## Chain 4 Informational Message: The current Metropolis proposal is about to be rejected because of the
## Chain 4 Exception: ordered_logistic: Cut-points is not a valid ordered vector. The element at 2 is -
## Chain 4 If this warning occurs sporadically, such as for highly constrained variable types like covar
## Chain 4 but if this warning occurs often then your model may be either severely ill-conditioned or m
## Chain 4
## Chain 4 Informational Message: The current Metropolis proposal is about to be rejected because of the
## Chain 4 Exception: ordered_logistic: Final cut-point is inf, but must be finite! (in '/tmp/Rtmp1cB6D
## Chain 4 If this warning occurs sporadically, such as for highly constrained variable types like covar
## Chain 4 but if this warning occurs often then your model may be either severely ill-conditioned or m
## Chain 4
## Chain 3 Iteration:   100 / 2000 [ 5%] (Warmup)
## Chain 2 Iteration:   100 / 2000 [ 5%] (Warmup)
## Chain 4 Iteration:   100 / 2000 [ 5%] (Warmup)
## Chain 3 Iteration:   200 / 2000 [ 10%] (Warmup)
## Chain 1 Iteration:   100 / 2000 [ 5%] (Warmup)
## Chain 2 Iteration:   200 / 2000 [ 10%] (Warmup)
## Chain 4 Iteration:   200 / 2000 [ 10%] (Warmup)
## Chain 3 Iteration:   300 / 2000 [ 15%] (Warmup)
## Chain 2 Iteration:   300 / 2000 [ 15%] (Warmup)
## Chain 1 Iteration:   200 / 2000 [ 10%] (Warmup)
## Chain 3 Iteration:   400 / 2000 [ 20%] (Warmup)
## Chain 4 Iteration:   300 / 2000 [ 15%] (Warmup)
## Chain 2 Iteration:   400 / 2000 [ 20%] (Warmup)
## Chain 3 Iteration:   500 / 2000 [ 25%] (Warmup)
## Chain 1 Iteration:   300 / 2000 [ 15%] (Warmup)
## Chain 4 Iteration:   400 / 2000 [ 20%] (Warmup)
## Chain 1 Iteration:   400 / 2000 [ 20%] (Warmup)
## Chain 3 Iteration:   600 / 2000 [ 30%] (Warmup)
## Chain 2 Iteration:   500 / 2000 [ 25%] (Warmup)

```

```
## Chain 4 Iteration: 500 / 2000 [ 25%] (Warmup)
## Chain 2 Iteration: 600 / 2000 [ 30%] (Warmup)
## Chain 3 Iteration: 700 / 2000 [ 35%] (Warmup)
## Chain 1 Iteration: 500 / 2000 [ 25%] (Warmup)
## Chain 4 Iteration: 600 / 2000 [ 30%] (Warmup)
## Chain 2 Iteration: 700 / 2000 [ 35%] (Warmup)
## Chain 1 Iteration: 600 / 2000 [ 30%] (Warmup)
## Chain 3 Iteration: 800 / 2000 [ 40%] (Warmup)
## Chain 4 Iteration: 700 / 2000 [ 35%] (Warmup)
## Chain 2 Iteration: 800 / 2000 [ 40%] (Warmup)
## Chain 1 Iteration: 700 / 2000 [ 35%] (Warmup)
## Chain 4 Iteration: 800 / 2000 [ 40%] (Warmup)
## Chain 3 Iteration: 900 / 2000 [ 45%] (Warmup)
## Chain 2 Iteration: 900 / 2000 [ 45%] (Warmup)
## Chain 4 Iteration: 900 / 2000 [ 45%] (Warmup)
## Chain 1 Iteration: 800 / 2000 [ 40%] (Warmup)
## Chain 3 Iteration: 1000 / 2000 [ 50%] (Warmup)
## Chain 3 Iteration: 1001 / 2000 [ 50%] (Sampling)
## Chain 2 Iteration: 1000 / 2000 [ 50%] (Warmup)
## Chain 2 Iteration: 1001 / 2000 [ 50%] (Sampling)
## Chain 1 Iteration: 900 / 2000 [ 45%] (Warmup)
## Chain 2 Iteration: 1100 / 2000 [ 55%] (Sampling)
## Chain 4 Iteration: 1000 / 2000 [ 50%] (Warmup)
## Chain 3 Iteration: 1100 / 2000 [ 55%] (Sampling)
## Chain 4 Iteration: 1001 / 2000 [ 50%] (Sampling)
## Chain 2 Iteration: 1200 / 2000 [ 60%] (Sampling)
## Chain 1 Iteration: 1000 / 2000 [ 50%] (Warmup)
## Chain 1 Iteration: 1001 / 2000 [ 50%] (Sampling)
## Chain 4 Iteration: 1100 / 2000 [ 55%] (Sampling)
## Chain 3 Iteration: 1200 / 2000 [ 60%] (Sampling)
## Chain 2 Iteration: 1300 / 2000 [ 65%] (Sampling)
## Chain 1 Iteration: 1100 / 2000 [ 55%] (Sampling)
## Chain 4 Iteration: 1200 / 2000 [ 60%] (Sampling)
## Chain 2 Iteration: 1400 / 2000 [ 70%] (Sampling)
## Chain 1 Iteration: 1200 / 2000 [ 60%] (Sampling)
## Chain 3 Iteration: 1300 / 2000 [ 65%] (Sampling)
## Chain 4 Iteration: 1300 / 2000 [ 65%] (Sampling)
## Chain 1 Iteration: 1300 / 2000 [ 65%] (Sampling)
## Chain 2 Iteration: 1500 / 2000 [ 75%] (Sampling)
## Chain 3 Iteration: 1400 / 2000 [ 70%] (Sampling)
## Chain 2 Iteration: 1600 / 2000 [ 80%] (Sampling)
## Chain 1 Iteration: 1400 / 2000 [ 70%] (Sampling)
## Chain 4 Iteration: 1400 / 2000 [ 70%] (Sampling)
## Chain 1 Iteration: 1500 / 2000 [ 75%] (Sampling)
## Chain 2 Iteration: 1700 / 2000 [ 85%] (Sampling)
## Chain 4 Iteration: 1500 / 2000 [ 75%] (Sampling)
## Chain 3 Iteration: 1500 / 2000 [ 75%] (Sampling)
## Chain 1 Iteration: 1600 / 2000 [ 80%] (Sampling)
## Chain 2 Iteration: 1800 / 2000 [ 90%] (Sampling)
## Chain 4 Iteration: 1600 / 2000 [ 80%] (Sampling)
## Chain 3 Iteration: 1600 / 2000 [ 80%] (Sampling)
## Chain 1 Iteration: 1700 / 2000 [ 85%] (Sampling)
## Chain 2 Iteration: 1900 / 2000 [ 95%] (Sampling)
## Chain 4 Iteration: 1700 / 2000 [ 85%] (Sampling)
```

```

## Chain 1 Iteration: 1800 / 2000 [ 90%] (Sampling)
## Chain 2 Iteration: 2000 / 2000 [100%] (Sampling)
## Chain 2 finished in 52.5 seconds.
## Chain 3 Iteration: 1700 / 2000 [ 85%] (Sampling)
## Chain 4 Iteration: 1800 / 2000 [ 90%] (Sampling)
## Chain 1 Iteration: 1900 / 2000 [ 95%] (Sampling)
## Chain 1 Iteration: 2000 / 2000 [100%] (Sampling)
## Chain 4 Iteration: 1900 / 2000 [ 95%] (Sampling)
## Chain 1 finished in 55.3 seconds.
## Chain 3 Iteration: 1800 / 2000 [ 90%] (Sampling)
## Chain 4 Iteration: 2000 / 2000 [100%] (Sampling)
## Chain 4 finished in 56.9 seconds.
## Chain 3 Iteration: 1900 / 2000 [ 95%] (Sampling)
## Chain 3 Iteration: 2000 / 2000 [100%] (Sampling)
## Chain 3 finished in 59.1 seconds.
##
## All 4 chains finished successfully.
## Mean chain execution time: 56.0 seconds.
## Total execution time: 59.2 seconds.

```

```
# Print estimators
```

```
precis(ml.we, prob = 0.95, depth = 1)
```

```
## 326 vector or matrix parameters hidden. Use depth=2 to show them.
```

```

##           mean      sd      2.5%      97.5%      rhat  ess_bulk
## sigma_a  3.20462013 0.3143852  2.6026497  3.8537333  1.001158  998.4326
## a_bar    0.04599053 0.4560437 -0.8488856  0.9308196  1.001624  3160.3098
## b       -0.15508206 0.1824090 -0.5105035  0.1989235  1.002377  3348.0562

```