

# The impact of human feedback in a chatbot-based smoking cessation intervention: An empirical study into psychological, economic and ethical factors

**Author:** Nele Albers

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This Readme-file is meant to give you an overview of the data and analysis code underlying the chapter "The impact of human feedback in a chatbot-based smoking cessation intervention: An empirical study into psychological, economic and ethical factors" of the PhD thesis by Nele Albers.

Authored by Nele Albers, Francisco S. Melo, Mark A. Neerincx, Olya Kudina, and Willem-Paul Brinkman.

## Types of information

Below we describe the types of information we provide in this repository.

### Data

The Data-folder contains all data underlying our analyses. Refer to the corresponding Readme-file for more information.

### Preprocessing

We provide files to reproduce our preprocessing steps:

- The file `merge_data.py` shows how we created non-abstracted transition samples for our analysis for RQ1 as well as our state feature selection.
- The file `create_abstracted_rl_samples.py` shows how we created abstracted state feature values for the transition samples.
- The file `preprocess_data_for_study_comparison.py` shows how we combined the data from our study with the data from two previous studies to report the mean effort spent in the "Discussion"-section.

For each preprocessing file, there is a corresponding `.txt`-file with a log of running the file.

To run the file `"preprocess_data_for_study_comparison.py"`, you first need to:

- download the data from the first study from this DOI: <https://doi.org/10.4121/21533055>. Specifically, download the file `"Data/conversational_sessions_anonym.xlsx"` and save it as `"Data/Data_Previous_Studies/_data_study_0_conversational_sessions_anonym.xlsx"`.
- download the data from the second study from this DOI: <https://doi.org/10.4121/9c4d9c35-3330-4536-ab8d-d5bb237c277d>. Specifically, you need to download the file `"Step_5_Training_The_Model_Results/Data/sessionsdata_anonym.csv"` and save it as `"Data/Data_Previous_Studies/_data_study_1_sessionsdata_anonym.csv"`.

## **RQ1**

Navigate to the folder "RQ1" and follow the instructions in the Readme-file therein to reproduce our analyses for RQ1.

## **Data overview, RQ2, and RQ3**

Navigate to the folder "DataOverview\_RQ2\_RQ3" and follow the instructions in the Readme-file therein to reproduce our data overview (e.g., mean effort spent on activities, participant characteristics) as well as the analyses for RQ2 and RQ3.

## **Explanation of files and folders**

This directory contains the following files and folders:

- Data: Anonymized data.
- DataOverview\_RQ2\_RQ3: To reproduce our data overview, analysis for RQ2, and analysis for RQ3.
- RQ1: To reproduce our analysis for RQ1.
- all\_states: All states, including those of people with no state data from session 2.
- all\_states\_sessions: Sessions corresponding to the states in all\_states.
- create\_abstracted\_rl\_samples.py: To create abstracted transition samples.
- create\_abstracted\_rl\_samples\_output.txt: Output of the file above.
- map\_activities\_between\_studies.xlsx: To map activity indices between the three studies whose effort scores we compare.
- merge\_data.py: To create transition samples.
- merge\_data\_output.txt: Output of the file above.
- preprocess\_data\_for\_study\_comparison.py: To combine the data from the three studies whose effort scores we compare.
- preprocess\_data\_for\_study\_comparison\_output.txt: Output of the file above.
- README.md/README.pdf: This Readme-file.